

Jack's Healing Bedroom Makeover

ABOUT JACK

Jack was born with a very rare mutation in the DEAF1 gene which caused Vulto-van Silfhout-de Vries syndrome (VSVS). This mutation affects his immune system and makes him susceptible to bacteria and viruses. At just 6 weeks old, Jack contracted bacterial meningitis and cytomegalovirus at the same time, resulting in three small strokes and moderate brain trauma. The trauma to his brain added additional developmental delays, hydrocephalus, and later, seizures. Now 5 1/2, Jack has intractable epilepsy, is nonverbal, and is a sensory seeker. Despite all of Jack's challenges, he is an adorable, joyful child who loves to run, jump, and climb. He also loves animals and airplanes!

HOME VISIT

ARTH determined that Jack could greatly benefit from a healing bedroom transformation. Jack must be watched constantly, making it difficult for his parents to complete daily tasks. Both Jack and his family would benefit from a space free of anything that Jack could get injured on. Jack's seizures are frequent and unable to be controlled with medication. He recently had a vagus nerve stimulator implanted with hopes that this may help lessen the number of seizures he has. A calm and comfortable bedroom will give him a place to rest after procedures and visits to his doctors.

OBJECTIVE

The goal of the project is to create a safe and calming environment for Jack and a space that functions better for his medical needs.

BEFORE IMAGES



AT A GLANCE

Needs

- Safety
- Larger Bed
- Sensory input
- New flooring
- Safety mats

Challenges

- Small space
- Safe modes of sensory input
- No dressers or furniture that can tip

SOLUTION

- The entire room was painted to brighten the space. The walls were painted a calming blue, the ceiling was freshened up, and the trim/doors were painted white.
- The only furniture in the space is a full-sized bed that sits low to the ground. An upholstered frame was selected to eliminate any hard corners, the faux leather material is easy to clean.
- A closet system was installed that has drawers, shelves, and lots of hanging space.
- A locking system was installed on the closet doors out of Jack's reach.
- A 360° camera was installed in the space, allowing his parents to view every corner of the room.
- The carpet was replaced with easy-to-clean vinyl plank flooring.
- Interlocking safety mats were added to the space.
- A sensory swivel chair gives Jack a safe way to receive vestibular input while in his room.
- Soft storage bins hold his toys

DURING



RESULTS

The finished design successfully meets the needs of Jack and his parents. It is free of hazards and will give the family peace of mind because it is a place where they don't have to worry about him getting hurt. Jack was immediately drawn to the sensory swivel and his mom was thrilled to have a closet organizer in his room. The flooring will be much easier to keep clean and the larger bed was much appreciated. This transformation allows Jack to have a space that is safe and functions much better for his needs.



AFTER IMAGES



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